

Saint Gianna's Maternity Home Guidelines

We welcome you to Saint Gianna's Maternity Home. Listed below are the family guidelines which will help you understand the rules and policies of the Saint Gianna's Maternity Home. We live here as a family therefore; we have rules and guidelines which everyone must follow. To foster a family environment, we do a lot together as a family and ask all residents to participate in the activities and programs of the house. If you have and questions regarding these guidelines, then please feel free to ask a staff member.

SCHEDULE:

- Residents who are not attending school are expected to be awake, out of bed, dressed, and in the kitchen for breakfast by 9 am on weekdays, unless otherwise notified.
- Student residents are expected to be ready and waiting by the door to leave at 7:50 am on weekdays. For every five minutes late is a half hour of work owed to the staff.
- Sleeping later than 9 am on weekends may be allowed as determined by the Housemother (HM) on duty.
- Residents must be on their floor by 10 pm and in their own rooms by 10:30. Staying up later than that may be allowed by HM on duty on Friday or Saturday nights.
- Residents are **NOT** allowed in each other's rooms **for any reason**. This has led to many problems in the past and is therefore no longer permitted.

MEALS:

- Noon and evening meals are eaten together as a family.
- Each resident is to participate in the cleanup of the dining room, kitchen, and dishes. Residents are all expected to stay until **everything** is finished as determined by the HM on duty.

HOUSEKEEPING:

- Each resident is expected to keep their room clean and orderly.
- Resident bathroom is to be kept clean, towels are to be hung up after use, hair and makeup accessories are to be taken care of immediately after use.
- All residents are to take part in the Saturday deep clean of the resident floor and bathroom.
- We also ask that each resident give some time each day to take part in the upkeep of the home.
- Residents must bathe regularly and maintain good hygiene.
- Each resident is expected to do their own laundry and towels regularly.
 - **Laundry is not to be done after 9PM and not on Sundays.**

MEDICAL CONSIDERATIONS:

- Alcohol and drugs are strictly prohibited.
- Smoking is strictly prohibited.
- Residents should report any prescription medications to the staff/director.
- Doctor visits are scheduled by staff according to the Homes overall schedule.

SCHOOL:

- Residents who have not completed high school will attend school or work towards obtaining her GED.

PHONE USAGE:

- Phone usage is a privilege, not a right at St. Gianna's. It can be easily lost and difficult to earn back.
- Residents are permitted to use the phone in the kitchen by a HM for a predetermined 30 minutes each day.
 - Should the resident be found not following the rules or using the phone inappropriately, in any way, then the HM has the right to confiscate/deny phone privileges for however long it is deemed fit.

TV, MOVIES, MUSIC:

- To uphold the family environment of SGMH sexually explicit, verbally explicit, or violent movies, television, or music is not permitted in the home.

Saint Gianna's Maternity Home Guidelines

- TV and movies are viewed on a limited basis and should be approved by HM on duty.
 - TV may be watched for a max of an hour a day or a movie a day

DRESS CODE:

- Residents must dress appropriately and modestly.
 - Shirts may not be low cut, skirts and dresses must be an appropriate knee length
 - Spaghetti strap shirts, tank tops, and shirts that depict inappropriate images or words are strictly prohibited.
 - Ripped or "distressed" clothing is not allowed
- Appropriate dress attire is required for religious services and special events.
- Nightclothes may not be worn on any floor other than the resident floor.
- Any facial or tongue piercing must be removed, excluding earrings.

RELIGION:

- We attend mass together every Sunday
- We say grace together before every meal and everyone stays at the table until after meal grace is said.
- Night prayer is led every evening by the HM on duty with the residents.

MISC.:

- Kitchen health codes must be observed by each resident.
- Cooking meals outside of the main meals is not allowed., cooking meals outside of the main meals is not allowed.
- Vulgar gestures and language are **not** allowed at St. G's. The HM will put forth consequences for anyone not following this guideline.
- Appointments, home visits, and family/ friends visiting the home must be approved beforehand with the staff/director.
- Home visits are not something that happens in the first two months of your arrival. Any and All possible home visits or inquiries **MUST** go through Staff and the Director. If any friend or acquaintance shows up to the home without staff permission, they will be turned away. We have these rules in place due to State regulations regarding confidentiality.

These rules are your general guideline to how the Gianna home works. As you adjust to these guidelines staff members may correct you from time to time. This is not intended to offend you just to give you a better understanding of how things work most efficiently here.

**Please note that there are residents here that are on a different program than you are. They are here under different circumstances therefore they have many different rules. Some Residents, that may have been here longer than you, may have privileges you don't yet have. This is because they have earned that in their time here so far. As for the younger residents of the home, they will do their best not to flaunt anything in front of you, but please keep in mind that they are not here as mothers therefore we have different goals and a separate program for them.*

We welcome you to the Saint Gianna's Maternity Home Family. We are glad you are here, and we look forward to working with you. Saint Gianna's is not a correctional facility, so you are always free to leave the program. However, Saint Gianna's reserves the right to determine your length of stay; based on your cooperation with these rules and your efforts to be a part of our formation program and goals as well as Saint Gianna's ability to handle your needs.

X

Resident

X

Date

Saint Gianna's Maternity Home Guidelines

MC 11/19

X _____